

FALL SERIES October 3 & 4

2009 SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing; the current IRC regulations as administered by US-IRC; the current PHRF regulations as administered by the YRA of Long Island Sound (YRALIS); the Class rules of any fleet racing as a one design division (except as any of these are altered by the Notice of Race or the Sailing Instructions); the Notice of Race; and the Sailing Instructions, INCLUDING THE NAVIGATOR CLASS SUPPLEMENTAL SAILING INSTRUCTIONS. Level and one-design class divisions will be responsible for administering their class rules.
- 1.2 Boats sailing in handicap divisions shall observe the Minimum Equipment Recommendations of the YRALIS, Race Category C. Boats sailing in one-design divisions shall observe the regulations of their respective classes.

2. ENTRIES AND DIVISIONS

- 2.1 Eligible boats may be entered by completing the registration procedures described in the Notice of Race. Entries for boats with PHRF ratings exceeding 210 will not be accepted.
- 2.2 Boats must be enrolled in the YRALIS or other USS association.
- 2.3 Boats will be organized by the Race Committee into separate racing divisions, Division 1, 2, 3, etc., for starting and award purposes. Scratch Sheets will be available the Friday evening before each Series at both clubs, on the Indian Harbor and Riverside YC web sites, and from Race Committee support boats in the starting area.
- 2.4 Boats shall race in their assigned division as specified in the Scratch Sheet unless modified in accordance with Instruction 3. Each boat should fly from its backstay (or for unstayed masts, from the stern pulpit) the numeral pennant corresponding to its division number.

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Regatta Notice Boards at Indian Harbor and Riverside Yacht Clubs. Any change in the Sailing Instructions will be posted on the Official Regatta Notice Boards of both Clubs by 2030 hours on the day before it will take effect. Changes in division assignments may be announced by the Race Committee via VHF at the 1000 VHF announcement (Instruction 18.1).

4. **SCHEDULE OF RACES** (amended April 28, 2009)

The first warning signal for the first start of the day will be at 1055. The Race Committee may hold up to four races on Saturday and three on Sunday. Second, third and fourth races (if any) will be run in accordance with Instruction 10.5. The Navigator division(s) will sail one race per day.

5. CLASS FLAGS

Class flags are the numeral pennants corresponding to each boat's division assignment.

6. CHECK-IN

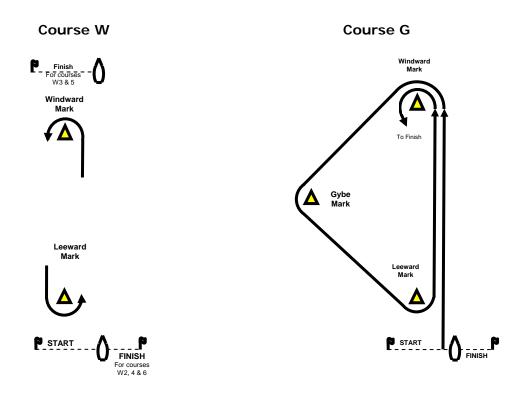
Prior to each day's first warning signal, each competing boat will pass within hailing distance of the Race Committee Signal Boat, check in and receive an acknowledgment.

7. RACING AREA

All divisions will rendezvous approximately 1.5 miles South of Great Captain Island.

8. COURSES (amended May 15, 2009)

8.1 The diagrams below show the courses for other than the Navigator Class(s).



8.2 Course Board:

- 8.2.1. The magnetic bearing to the windward mark will be displayed vertically in the forward-most column of the course board.
- 8.2.2. The distance to the windward mark will be displayed in the next column aft.
- 8.2.3. The Division placard will follow in the third column aft.
- 8.2.4. W or G course indications will be displayed in the fourth column aft.
- 8.2.5. The number of legs for Course W will be displayed in the fifth column aft.
- 8.2.6. Divisions not displayed shall sail the same course as the preceding (top to bottom) division.
- 8.2.7. If an "X" is displayed beneath the number of legs then the next race is the last race of the day and the course and finish is as described in Instruction 14.

COURSE BOARD				
WINDWARD MARK MAGNETIC BEARING	DISTANCE TO WINDWARD MARK	Division Placards	COURSE	LEGS
2	2 1/2	1	G	
2		4	W	4
5		5	W	2
← FORWARD	LABELS WILL NOT BE DISPLAYED			AFT →

8.3 Courses for the Navigator Division(s) are described in the Navigator Class Supplemental Sailing Instructions.

9. MARKS

9.1 All marks will be inflatable, and may be yellow or orange balls, tetrahedrons, or cylinders. New marks will be identified with the addition of a black band. Windward and leeward marks may be different (i.e., yellow tetrahedron for windward mark and orange tetrahedrons for leeward mark(s)).

9.2 A limit mark may be placed astern of any Race Committee boat and will be a mark of the course.

10. THE START

- 10.1 Races will be started by using rule 26 with the warning signal made five minutes before the starting signal.
- 10.2 If a break exists between succeeding starts, the race committee will endeavor to make a multiple-horn signal 1 minute before the new warning signal.
- 10.3 The starting line will be between a staff displaying a yellow flag on the Race Committee Signal Boat and a nearby mark located on the left-hand side of the course from the Signal Boat.
- 10.4 Boats whose warning signal has not been made shall keep clear of the starting area and of all boats whose warning signal has been made.
- 10.5 In the event a second race or a third race is to be held, Code Flag L will be flown from the Race Committee boat at the finish of the preceding race. The starting sequence will begin one minute after the lowering of Code Flag L accompanied by a sound signal.

11. RECALLS

For Individual Recalls, the Race Committee will endeavor to hail OCS boats via VHF Channel 72. Failure to hear a radio call does not relieve a boat of responsibility to start correctly.

12. CHANGE OF COURSE AFTER THE START

A change of course after the start will be signaled before the leading boat has begun the leg, although the new mark may not then be in position. The new mark will be identified with a black band. When in a subsequent change of course a new mark is replaced, it will be replaced with an original mark.

13. THE FINISH

The finish line will be between a staff displaying a red flag on a Race Committee boat to be left to starboard and a nearby mark to be left to port.

14. ALTERNATIVE FINISH FOR THE LAST RACE OF THE DAY (added May 15, 2009)

If "X" has been signaled per Instruction 8.2.7, the course is modified as follows:

- 14.1 What would be the finish without "X" is now a gate. Boats shall sail between the Race Committee boat to be left to starboard and a nearby mark to be left to port and proceed to the alternative finish.
- 14.2 The alternative finish is between a staff displaying a red flag on a Race Committee boat and a nearby yellow tetrahedron.
- 14.3 The location of the new finish is inside Captains Harbor, approximately 0.25 miles east of RN "2" (approximate location of RN "2" is N40° 59′ 55′′, W73° 37′ 11′′).
- 14.4 The areas between Great and Little Captains Islands and G "1" and Little Captains Island are deemed to be continuing obstructions and shall not be transited.

15. TIME LIMITS

- 15.1 The time limit for the first boat in each division for other than those sailing the Navigator course to finish shall be three hours
- 15.2 Boats failing to finish within 30 minutes of the first boat in her division will be scored according to Instruction 18.2. This modifies rule 35.

16. PROTESTS

- 16.1 Rule 61.1 is modified to require that a protest flag be conspicuously displayed from the backstay (for unstayed masts, from the stern pulpit) until acknowledged by the Race Committee. A boat must notify the Race Committee of its intention to protest, and provide the sail number of the protested boat as soon as practical after the finish of the race. After the race the Race Committee will broadcast a summary of protests over the race area VHF channel.
- 16.2 Protests involving only two parties and an alleged breach of RRS Part 2 (When Boats Meet) shall be arbitrated in accordance with the Greenwich Cup Procedures and Guidelines for Protest Arbitration. The Arbitration Penalty shall be 40% of the number of boats in the division starting the race (rounding 0.5 upward) added to the finishing position of the boat accepting the

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penalty, but that boat will not be scored worse than DNF. Copies of these procedures will be available at the front desks of both yacht clubs.

- 16.3 Written protests shall be delivered to the front desk of Indian Harbor Yacht Club for the Spring Series and Riverside Yacht Club for the Fall Series within 60 minutes of a signal indicating the protest period has begun. Such signals will be made approximately at the time of the docking of the Race Committee Signal Boat. The signal will be the hoisting of a red flag on the main flagpole of the Indian Harbor Yacht Club in the spring and Riverside Yacht Club in the fall. The hoisting of each flag will be accompanied by a sound signal. The time of the end of the protest period and sail numbers of protestor(s) and protestee(s) reported to the Race Committees will be posted on the Official Bulletin Board of Indian Harbor Yacht Club in the spring and Riverside Yacht Club in the fall. US Sailing protest forms will be available at the front desks of both Yacht Clubs.
- 16.4 Arbitration and Protest hearings will be held at Indian Harbor Yacht Club in the spring and Riverside Yacht Club in the fall. Arbitration hearings will be held at the end of the protest period, or earlier if both parties are available. If the arbitration decision is declined, subsequent protest hearings will begin as soon thereafter as practicable. Hearings involving alleged breaches of other than RRS Part 2 will begin no later than upon the end of the protest period or earlier if all parties are available.

17. PENALTY SYSTEM

At the first reasonable opportunity immediately after the race, a boat which has taken a One or Two-Turn Penalty shall report that fact to the Race Committee via VHF and identify the boat infringed against.

18. SCORING

- 18.1 The Low Point Scoring System, Appendix A will apply, except that each boat's total score will be the sum of her scores for all races in each Series. One completed race shall constitute a Series.
- 18.2 Boats that fail to finish within the time limit (Instruction 15.2) shall be awarded points equal to the number of boats in the division which finished within the time limit plus two.
- 18.3 IRC Time Allowances will be calculated using the IRC Handicaps (as assigned by US-IRC) and each boat's elapsed time as determined by the Race Committee. PHRF divisions will be scored using PHRF Handicaps (as assigned by YRALIS) and the course distances as determined by the Race Committee.

19. RADIO USE

- 19.1 VHF Channel 72 will be used by the Race Committee for communications. Announcements will be broadcast at 1000 hours. If there is no announcement, a broadcast welcoming the competitors and saying "we have no announcements and are standing by on our respective channels" will be put out.
- 19.2 Courtesy Broadcasts A courtesy broadcast will be made on VHF Channel 72 to inform competitors regarding the order of starting, postponements, general recalls and other race-related information. The absence, inaccuracy or lack of timeliness of such broadcasts shall not be grounds for granting redress. This changes rule 62.1.
- 19.3 The Race Committee will be under no obligation to acknowledge or answer any radio communications except for acknowledging retirement, protest, or one or two-turns penalty calls.

20. PRIZES

- 20.1 Prizes will be awarded to 1st, 2nd, and 3rd place for each division for each Series. Prizes will be awarded at the conclusion of racing for each Series on Sunday at Indian Harbor Yacht Club in the spring and at Riverside Yacht Club in the fall.
- 20.2 The Greenwich Cup will be awarded at the conclusion of the Fall Series to a boat which competes in both the Spring and Fall Series and in the opinion of the Race Committee has demonstrated the most outstanding performance.
- 20.3 The overall winners for each division in the Combined Spring and Fall Series shall be engraved on the permanent trophies of the Indian Harbor Yacht Club and Riverside Yacht Club, and their prizes presented at each Club's Annual Awards Dinner.

21. WEB PAGE

Results and regatta information will be posted on the Indian Harbor Yacht Club (www.indianharboryc.com) and the Riverside Yacht Club (www.riversideyc.org) web pages.

22. RESPONSIBILITIES OF COMPETITORS

In consideration of the sponsorship of this event and the acceptance of the participant's entry by Indian Harbor Yacht Club and Riverside Yacht Club (the "Sponsors"), each participant hereby agrees that the safety of his/her yacht and crew, and the decision whether to start or continue to race, is his/her responsibility and not the responsibility of the Sponsors. Each participant hereby waives all claims which he/she may have against the Sponsors and their directors, officers, members, committees, employees, agents or volunteers arising out of or in any way connected with his/her participation in this event or any related activity undertaken by any of them in conjunction with, prior to, during or after this event. Each participant represents to the Sponsors that he/she carries adequate property and liability insurance, that he/she will inform his/her insurance carrier of the foregoing waiver and that he/she will inform all crew members of their responsibilities for safety. Each participant further agrees that the foregoing waiver is binding on his/her heirs, representatives, successors and assigns.